

International Hearing Society Adult Audiometric Evaluation Position Statement

It is the position of the International Hearing Society that by age 21, all adults should have undergone an audiometric evaluation. Thereafter, an audiometric evaluation should occur every 3 years or as needed based upon:

- Decrease in quality of life
- Change in health status
- Onset or change of tinnitus
- Change in hearing
- Change in balance
- Onset of or change in vertigo or dizziness
- Head trauma or related injuries
- Introduction of or change in ototoxic medications
- Professional referral

An audiometric evaluation performed by a licensed professional includes:

- Pure tone air and bone thresholds
- Speech reception thresholds
- Word recognition scores in quiet and noise
- Unaided and aided sound field Speech in Noise (SIN) test
- Loudness level measurements (Uncomfortable Loudness Level (UCL) and Most Comfortable Level (MCL))

REFERENCE

International Hearing Society. (2018). *International Hearing Society best practices recommendation for fitting and dispensing hearing aids*. Retrieved from https://www.ihinfo.org/IHSV2/professional-development/pdf/2019/IHS%20Best%20Practices%20Recommendation%20for%20Fitting%20and%20Dispensing%20Hearing%20Aids_FINAL.pdf

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